

Houston County Senior Services

Adult Day Services	Caledonia Care & Rehab	507-725-3351
	LaCrosse Merit Centre	608-788-2900
Adult Foster Care (AFC)	County (AFC)	507-725-5811 ext 1308
Advocacy, Information & Assistance	Semcac Senior & Caregiver Advocate	507-864-8225
Caregiver Support	National Alz. Assn.	800-272-3900
	Neighbors in Action- Caledonia	507-725-8123
	Neighbors in Action- LaCrescent	507-895-8123
	Gundersen	608-775-8435
	Regional Alz. Assn.	608-784-5011
	Semcac Senior & Caregiver Advocate	507-864-8225
Chore	Neighbors in Action	507-895-8123
	Task Takers (Spring Grove)	507-498-8275
County Social Services	Caledonia	507-725-5811
Hospice	Mayo LaCrosse	608-392-9790
	Gundersen	608-775-8435
	Heartland	507-290-1170
	Moments	507-888-9700
	St. Croix	507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954 507-454-6665
	Licensed Professional	Adara*
Home Health Care Agencies *Medicare certified	Comfort Keepers	608-784-3357
	Global Home Health Winona	507-452-1696
	Good Sam Home Care Preston*	507-765-2700
		888-381-3205
NOTE: Some agencies may not cover the entire county	Home Instead	888-285-1733
	Interim Health Care*	507-200-1111
	International*	888-304-6230
	Mayo Franciscan*	608-392-9790
	Options Plus HC	507-474-1509
	Possabilities	507-281-6116
	Recover Health*	507-494-8600
Unity HHC	507-724-3353	
Long-Term Care Consultation (MN Choices)	Houston County	507-725-5810
Long-Term Care Ombudsman	Statewide system	800-657-3591
Meals on Wheels	Caledonia	507-725-3351
	Eitzen	507-495-3533
	Hokah	507-864-8228
	Houston	507-864-2786

Houston County Senior Services

Meals on Wheels	LaCrescent	507-895-4009
	Semcac	507-864-8228
	Spring Grove	507-498-3385
Medicare	www.medicare.gov	800-633-4227
Mental Health	Hiawatha Valley	507-725-2022
Senior Dining	Caledonia	507-864-8228
	Eitzen	507-495-3533
	LaCrescent	507-895-6585
	Spring Grove	507-498-3385
Senior Housing	SeniorLinkAgeLine®	800-333-2433
Long-Term Care Options, Verification Code	www.minnesotahelp.info	
Social Security	www.ssa.gov	800-772-1213
Telephone Reassurance/ Emergency Response	Check "Personal Emergency Response Systems" on MNHelp.info	MNHelp.info
Transportation	Apple Express LaCrescent	608-789-7350
	Neighbors in Action-Caledonia	507-725-8123
	Neighbors In Action- LaCrescent & Hokah	507-895-8123
	Rolling Hills Transit	800-528-7622
	Semcac Vol Drivers	800-944-3874
	Task Takers Spring Grove	507-498-8275
Volunteer or Faith in Action Programs	Neighbors in Action LaCrescent	507-895-8123
	Neighbors in Action Caledonia	507-725-8123
	Task Takers Spring Grove	507-498-8275
	Senior Companion	507-512-1036
Veterans Service Office	Houston County	507-725-5805