

Goodhue County Senior Services

Adult Day Services	Proact	612-388-7008
Adult Foster Care (AFC)	County (AFC)	651-385-3200
Advocacy, Information & Assistance	Prairie Island Indian Comm Three Rivers	800-554-5473 800-277-8418
Caregiver Support	Alz. Assn. Natl Alz. Assn. Regl Faith in Actlon(RW) Pine Island Area Home Services Three Rivers	800-272-3900 507-289-3950 651-327-2400 507-356-2999 800-277-8418
County Social Services	Red Wing	651-385-3200
Hospice	Heartland Intrepid Mayo Red Wing Moments St. Croix Seasons Faribault Mayo Northfield Owatonna HC & Hospice	507-292-1170 855-219-2691 651-385-3410 507-888-9700 507-281-5700 507-285-1930 507-334-6451 507-284-4002 507-646-1314 507-446-0936
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAae Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954 507-377-2831
Licensed Professional	ACCRA* Adara*	651-388-1010 800-711-0509 507-252-9844
NOTE: Some agencies may not cover the entire county	Comfort Home Health Care* Excellent Care Services Global Helping Hands Hiawatha Home Care* Home CareLink Home Instead Senior Care Interim Health Care* International* Intrepid* Northfield Home Care* Possabilities Recover Health* Robland* Ruth Fredrickson Cares Spectrum*	507-634-7534 800-204-2332 507-289-0338 507-282-6466 800-246-9212 800-837-8898 507-664-8863 507-285-1700 888-285-1733 507-200-1111 507-252-8117 507-645-1089 507-646-1457 507-281-6116 507-282-2246 507-252-4619 507-789-6521 507-282-8052
Licensed Professional Home Health Care Agencies		

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	Visiting Angels	800-365-4189
Long-Term Care Consultation (MNChoices)	Goodhue County Public Health	651-385-3200
Long-Term Care Ombudsman	Statewide System	800-950-2142 800-657-3591
Meals on Wheels	Three Rivers - Cannon Falls, Goodhue, Pine Island Kenyon Lake City Red Wing, St. Crispin	800-277-8418 507-789-4663 651-345-1186 651-385-5436
Medicare	www.medicare.gov	800-633-4227
Mental Health	Zumbro Valley	507-289-2089
Senior Center (staffed)	Red Wing (Pier 55) Shepherd Center CF	651-327-2255 507-263-2136
Senior Dining	Cannon Falls Kenyon Pine Island Red Wing Zumbrota	507-864-8231 507-864-8231 507-789-5315 507-356-2228 651-388-9875 507-732-5086
Senior Housing	Senior LinkAae Line®	800-333-2433
Long-Term Care Options, Verification Code	www.minnesotahelp.info	
Social Security	www.ssa.gov Rochester Office	800-772-1213 877-405-3631
Telephone Reassurance/ Personal Emergency Response	Cannon Falls Faribault Heartland Security Lake City Northfield Red Wing Lifeline Rochester	507-263-4221 507-334-6451 888-264-6380 651-345-1121 507-646-1463 866-827-5039 507-255-6908
Transportation	Ace Cab (Cannon Falls) Faith in Action Red Wing Handivan Hiawathaland Transit Pine Island Area Home Services Red Wing Mobility	507-533-5678 651-327-2400 507-281-3600 866-623-7505 507-356-2999 651-388-9215
Volunteer or Faith in Action Programs	Catholic Charities Faith in Action Red Wing Pine Island Area Home Services Common Good RSVP Shepherd Center	507-454-2270 651-385-3290 507-356-2999 507-287-2047 507-263-2136
Veterans Service Office	Goodhue County	651-385-3256