

## Olmsted County Senior Services

<b>Adult Day Services</b>	Adult Services	507-285-9280
	MN Adult Day Services	507-721-3178
	Salvation Army-Caring Partners	507-288-5191
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<b>Adult Foster Care (AFC) Licensure</b>	County (AFC)	507-328-6375
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<b>Advocacy, Information &amp; Assistance</b>	Olmsted Co. Senior Advocate	507-285-5272
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<b>Caregiver Support</b>	Nat'l. Alzheimers Assoc.	800-272-3900
	Regional Alzheimers Assoc.	507-289-3950
	Dementia Clinic	507-284-4006
	Elder Network	507-285-5272
	Mayo Alzheimer's Center	507-284-4059
	Mayo Memory Loss Assmt. & Training	507-266-5100
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<b>Chore Service</b>	Family Service Rochester	507-287-2010
	Seniors Helping Seniors	507-396-8080
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<b>County Social Services</b>	Community Services	507-328-6400
	Financial	507-328-6600
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<b>Hospice</b>	Heartland	507-292-1170
	Interim	507-200-1111
	Mayo	507-284-4002
	Seasons	507-285-1930
	St. Croix	507-281-5700
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<b>Information, Referral, Assistance &amp; Health Insurance Counseling</b>	Senior LinkAge Line®	800-333-2433
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<b>Legal Assistance</b>	Legal Assistance of Olmsted Co	507-287-2036
	SMRLS Hotline	888-575-2954
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<b>Licensed Professional Home Health Agencies</b>	A-1 Reliable Home Care	952-393-7857
	Aafiya Home Care PCA	507-292-0113
	Accurate Home Care*	866-214-3800
	ACCRA*	866-935-3515
	Adara*	800-711-0509
		507-252-9844
		507-923-7190
		507-281-2332
		507-205-7322
		507-369-5701
	507-289-0338	
	507-282-6466	
	888-381-3205	

\*=Medicare Certified

**Note:** Not all agencies serve the entire county

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<b>Licensed Professional Home Health</b>	Hiawatha*	800-837-8898
	Home Instead Senior Care	507-285-1700
	Interim Health Care*	507-200-1111
	International*	507-252-8117
	PossAbilities Custom Support	507-281-6116
	Robland Home Care*	507-252-4619
	Rochester Home Infusion	507-316-0001
	Recover Health*	507-282-2246
	Sun Home	507-529-7999
	Smart Choice	507-258-5050
	Spectrum*	507-282-8052
Stanley Jones*	507-288-0064	
Visiting Angels	507-289-1147	
<b>Licensed Home Management Agencies</b>		
<b>Licensed Home Management Agencies</b>	Seniors Helping Seniors	507-396-8080
	Family Service Rochester	507-287-2010
	Home Instead Senior Care	507-285-1700
	Paradise Personal Home Management	507-884-6946
<b>Long-Term Care Consultation (MN Choices)</b>		
<b>Long-Term Care Consultation (MN Choices)</b>	Olmsted County Intake	507-328-6519
<b>Long-Term Care Ombudsman</b>		
<b>Long-Term Care Ombudsman</b>	Statewide system	800-657-3591
<b>Meals on Wheels</b>		
<b>Meals on Wheels</b>	Byron	507-634-7526
	Chatfield	507-867-4220
	Dover	507-864-8228
	Eyota	507-545-3999
	Rochester	507-287-2010
	Semcac (Rural)	507-864-8228
	Stewartville	507-287-2010
<b>Medicare</b>		
<b>Medicare</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health Counseling</b>		
<b>Mental Health Counseling</b>	Zumbro Valley	507-289-2089
<b>Senior Center (staffed)</b>		
<b>Senior Center (staffed)</b>	125 Live Rochester	507-287-1404
	Center for Active Adults Stewartville	507-533-4787
<b>Senior Dining</b>		
<b>Senior Dining</b>	Central Towers	507-529-4139
	Eyota	507-545-3999
	Fontaine Towers	507-529-4614
	High Pointe	507-424-1858
	Kenosha Dr. Apts	507-206-5163
	Muna Halel Rest.	507-864-8231
	NE Roch. Peace	507-864-8228
	NW Roch. Northgate	507-287-7152
	Park Towers	507-287-7868

## Olmsted County Senior Services

	Senior Diner's Club 37th St. HyVee Stewartville	507-864-8243 507-533-4787
<b>Senior Housing, Long term Care Options, Verification Code</b>	Senior LinkAge Line® <a href="http://www.minnesotahelp.info">www.minnesotahelp.info</a>	800-333-2433
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a> Rochester Office	800-772-1213 877-841-5336
<b>Telephone Reassurance/ Personal Emergency Response System</b>	Custom Alarm Good Samaritan Heartland Security Lifeline Rochester Spectrum Safe Cell-OMC for Emergencies only	507-288-5522 888-381-3205 888-264-6380 507-255-6908 507-282-8052 507-529-6806
<b>Transportation</b>	Cancer Society (chemo & radiation) Divine Peace Special Transportation Elder Network (medical appts.) Friendly Ride Handivan Med City Taxi Redi Ride Rochester Public Transit Rochester Taxi Rolling Hills Transit: Stewartville, Pleasant Grove, Racine, High Forest, Byron Yellow Cab Sr. Discount ZIPS (Request app) Zips Reservations Lyft Uber	507-287-2044 507-208-4957 507-285-5272 507-226-8883 507-281-3600 507-282-8294 507-282-5353 507-328-7433 507-424-8294 800-528-7622  507-282-2222 507-328-2439 507-288-8404 <a href="http://www.lyft.com">www.lyft.com</a> <a href="http://www.uber.com">www.uber.com</a>
<b>Volunteer Based Programs</b>	Byron Neighbors Helping Neighbors Catholic Charities Age Well at Home Elder Network Family Service Rochester Senior Companion United Way	507-218-3275 507-287-2047 507-251-0520 507-285-5272 507-287-2010 507-512-1036 507-287-2000
<b>Veterans Service Office</b>	Olmsted County	507-328-6355