

Mower County Senior Services

Adult Day Services	Sacred Heart	507-433-1808
Adult Foster Care (AFC) Licensure	County (AFC)	507-437-9701
Advocacy, Information & Assistance	Mower Co. Senior Advocates	507-433-3462 507-433-8376
Caregiver Support	Mower County Seniors National Alz. Assn. Regional Alz Assn.	507-433-3462 800-272-3900 507-289-3950
Chore Service	Mower County Seniors Seniors Helping Seniors	507-481-3333 507-396-8080
County Social Services	Austin	507-437-9701
Hospice	Mayo Austin Heartland Mayo Albert Lea Owatonna HC & Hospice Seasons St. Croix	507-434-1416 507-292-1170 507-377-6393 507-446-0936 507-285-1930 507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
Licensed Professional	Adara*	800-711-0509 507-252-9844
Home Health Care Agencies	All Generations Allied Home Health Good Samaritan Home Care Helping Hands Hiawatha* Home Instead Senior Care International* Recover Health* Regency Home Care* Robland Home Care* Sacred Heart HC* Visiting Angels	507-214-8007 507-668-4024 888-381-3205 800-246-9212 800-837-8898 507-285-1700 507-433-7101 866-755-2246 507-434-4900 507-252-4619 507-433-1905 507-289-1147
Note: Some agencies may not cover entire county		
Licensed Home Management Agencies	Seniors Helping Seniors	507-396-8080
Long-Term Care Consultation (MN Choices)	Mower County	507-437-9732
Long-Term Care Ombudsman	Statewide system	800-657-3591
Meals on Wheels	Adams Austin Dexter Grand Meadow LeRoy	507-582-3263 507-438-3140 507-440-0166 507-754-5744 507-324-9515

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	Lyle/Rose Creek/Rural	507-440-0166
Medicare	www.medicare.gov	800-633-4227
Mental Health Counseling	Mayo Austin Behavioral Health Zumbro Valley	507-433-7351 507-289-2089
Senior Center (staffed)	Mower County Senior Austin	507-433-2370
Senior Dining	Austin: Twin Towers, Pickett Place Grand Meadow	507-459-9270 507-754-5744
Senior Housing, Long term Care Options, Verification Code	Senior LinkAge Line www.minnesotahelp.info	800-333-2433
Social Security www.ssa.gov	www.ssa.gov Austin Office	800-772-1213 866-504-5010
Telephone Reassurance/ Personal Emergency Response System	Mower Co. Seniors Heartland Security	507-433-3462 888-264-6380
Transportation	SMART Handivan Redi Ride Mower County Seniors Assisted Transp.	855-762-7821 507-281-3600 507-282-5353 507-434-2188
Volunteer Based Programs	Catholic Charities Common Good RSVP Senior Companion (LSS) United Way of Mower County	507-454-2270 507-450-1518 507-512-1036 507-437-2313
Veterans Service Office	Mower County	507-434-2712