

## Houston County Senior Services

<b>Adult Day Services</b>	Caledonia Care & Rehab	507-725-3351
	LaCrosse Merit Centre	608-788-2900
<b>Adult Foster Care (AFC)</b>	County (AFC)	507-725-5811 ext 1308
<b>Advocacy, Information &amp; Assistance</b>	Semcac Senior & Caregiver Advocate	507-864-8225
<b>Caregiver Support</b>	National Alz. Assn.	800-272-3900
	Neighbors in Action- Caledonia	507-725-8123
	Neighbors in Action- LaCrescent	507-895-8123
	Gundersen	608-775-8435
	Regional Alz. Assn.	608-784-5011
	Semcac Senior & Caregiver Advocate	507-864-8225
<b>Chore</b>	Neighbors in Action	507-895-8123
	Task Takers (Spring Grove)	507-498-8275
<b>County Social Services</b>	Caledonia	507-725-5811
<b>Hospice</b>	Mayo LaCrosse	608-392-9790
	Gundersen	608-775-8435
	Heartland	507-290-1170
	St. Croix	507-281-5700
<b>Information, Referral &amp; Assistance and Health Insurance Counseling</b>	Senior LinkAge Line®	800-333-2433
<b>Legal Assistance</b>	SMRLS Hotline	888-575-2954 507-454-6665
<b>Licensed Professional</b>	Adara*	800-711-0509 507-252-9844
	Comfort Keepers	608-784-3357
<b>Home Health Care Agencies</b>	Global Home Health Winona	507-452-1696
	Good Sam Home Care Preston*	507-765-2700
*Medicare certified		888-381-3205
<b>NOTE: Some agencies may not cover the entire county</b>	Home Instead	888-285-1733
	Interim Health Care*	507-200-1111
	International*	888-304-6230
	Mayo Franciscan*	608-392-9790
	Options Plus HC	507-474-1509
	Possabilities	507-281-6116
	Recover Health*	507-494-8600
	Unity HHC	507-724-3353
<b>Long-Term Care Consultation (MN Choices)</b>	Houston County	507-725-5810
<b>Long-Term Care Ombudsman</b>	Statewide system	800-657-3591
<b>Meals on Wheels</b>	Caledonia	507-725-3351
	Eitzen	507-495-3533
	Hokah	507-864-8228
	Houston	507-864-2786

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<b>Meals on Wheels</b>	LaCrescent	507-895-4009
	Semcac	507-864-8228
	Spring Grove	507-498-3385
<b>Medicare</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health</b>	Hiawatha Valley	507-725-2022
<b>Senior Dining</b>	Caledonia	507-864-8228
	Eitzen	507-495-3533
	LaCrescent	507-895-6585
	Spring Grove	507-498-3385
<b>Senior Housing</b>	SeniorLinkAgeLine®	800-333-2433
<b>Long-Term Care Options, Verification Code</b>	<a href="http://www.minnesotahelp.info">www.minnesotahelp.info</a>	
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213
<b>Telephone Reassurance/ Personal Emergency Response</b>	Good Samaritan	888-381-3205
	Franciscan Skemp	608-392-6300
	Gundersen	608-775-6755
	Heartland Security	888-264-6380
	Neighbors in Action	507-895-8123
	Spring Grove Communications	507-498-3456
	Tri-County First Call	507-725-3351
<b>Transportation</b>	Apple Express LaCrescent	608-789-7350
	Neighbors in Action-Caledonia	507-725-8123
	Neighbors In Action- LaCrescent & Hokah	507-895-8123
	Rolling Hills Transit	800-528-7622
	Semcac Vol Drivers	800-944-3874
	Task Takers Spring Grove	507-498-8275
<b>Volunteer or Faith in Action Programs</b>	Neighbors in Action LaCrescent	507-895-8123
	Neighbors in Action Caledonia	507-725-8123
	Task Takers Spring Grove	507-498-8275
	Senior Companion	507-512-1036
<b>Veterans Service Office</b>	Houston County	507-725-5805