

Freeborn County Senior Services

Adult Foster Care (AFC)	County (AFC)	507-377-5488
Advocacy, Information & Assistance	Freeborn Co. Sr. Advocate	507-377-7433
Caregiver Support	National Alz Assn.	800-272-3900
	Regional Alz. Assn.	507-289-3950
	Family Caregiver Network	507-377-7433
Chore	Aging Services	507-364-5663
	Seniors Helping Seniors	507-396-8080
	Senior Resources	507-377-7433
County Social Services	Albert Lea	507-377-5400
Hospice	Heartland	507-292-1170
	Mayo Albert Lea	507-377-6393
	Mayo Austin	507-434-1416
	St. Croix	507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954 507-377-2831
Licensed Professional	Adara*	800-598-5546 507-252-9844
	Allied Home Health	507-668-4024
	Embrace	507-369-5701
Home Health Care Agencies	Good Samaritan Home Care*	888-381-3205
*Medicare Certified	Helping Hands	800-246-9212
	Home Instead	507-285-1700
		888-285-1733
NOTE: Some agencies may not cover the entire county	International*	507-377-6393
	Possabilities	507-281-6116
	Adara* (Previously Prairie River)	800-598-5546
	Recover Health*	507-282-2246
	Regency Home Health Care*	507-434-4900
	St. John's Community Care*	507-373-8226
	Visiting Angels	507-289-1147
Licensed Non-Medical Home Care	All Generations	507-214-8007
	Aging Services for Communities	507-364-5663
Long-Term Care Consultation (MN Choices)	Freeborn County	507-377-5100
Long-Term Care Ombudsman	Statewide system	800-657-3591

Freeborn County Senior Services

Meals on Wheels	Albert Lea	507-373-2384
	Alden	507-373-7759
	Emmons	507-373-7759
	Glenville	507-373-7759
	Semcac-Sr. Tower & rural	507-864-8228
Medicare	www.medicare.gov	800-633-4227
Mental Health Counseling	Albert Lea Behavioral Health	507-377-6406
	Mental Health Center	507-373-1491
Senior Center (staffed)	Albert Lea	507-373-0704
Senior Dining	Albert Lea Senior Tower	507-373-7759
	Alden	507-874-3781
Senior Housing, Long-term Care Options, Verification Code	Senior LinkAge Line® www.minnesotahelp.info	800-333-2433
Social Security	www.ssa.gov	800-772-1213
	Austin Office	866-504-5010
Telephone Reassurance/ Personal Emergency Response	Albert Lea Fire Dept	507-377-4346
	Good Samaritan	888-381-3205
	Heartland Security	888-264-6380
Transportation	Albert Lea Taxi	507-383-3341
	Albert Lea Transit	507-379-1111
	Handivan	507-281-3600
	Senior Resources	507-377-7433
	SMART	855-762-7821
Volunteer Programs	Senior Resources	507-377-7433
	Senior Companion	507-512-1036
	United Way Volunteer Center	507-373-8670
Veterans Service Office	Freeborn County	507-377-5184