

Mower County Senior Services

Adult Day Services	Sacred Heart	507-433-1808
Adult Foster Care (AFC) Licensure	County (AFC)	507-437-9701
Advocacy, Information & Assistance	Mower Co. Senior Advocates	507-433-3462 507-433-8376
Caregiver Support	Mower County Seniors National Alz. Assn. Regional Alz Assn.	507-433-3462 800-272-3900 507-289-3950
Chore Service	Mower County Seniors	507-481-3333
County Human Services	Austin	507-437-9701
Hospice	Mayo Austin Heartland Mayo Albert Lea Owatonna HC & Hospice Seasons St. Croix	507-434-1416 507-292-1170 507-377-6393 507-446-0936 507-285-1930 507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
Licensed Professional Home Health Care Agencies	Adams Home Care All Generations Alliance* Always Caring & Home Care Resource* Good Samaritan Home Care Helping Hands Hiawatha* Home Instead International* Mayo Albert Lea* NurseCare Prairie River* Recover Health* Regency Home Care* Robland Home Care* Sacred Heart HC* Spring Valley HC* Visiting Angels	507-582-1104 507-214-8007 507-252-9737 877-386-7515 507-272-4059 888-381-3205 800-246-9212 800-837-8898 507-285-1700 507-433-7101 507-377-6393 507-884-6025 800-711-0509 507-252-9844 866-755-2246 507-434-4900 507-252-4619 507-433-1905 507-346-7381 877-909-1147
Licensed Home Management Agencies	Seniors Helping Seniors Always Caring	507-396-8080 507-272-4059
Long-Term Care Consultation (MN Choices)	County	507-437-9732

Note: Some agencies may not cover entire county

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Long-Term Care Ombudsman	Statewide system	800-657-3591
Meals on Wheels	Adams	507-582-3263
	Austin	507-438-3140
	Dexter	507-754-5744
	Grand Meadow	507-754-5744
	Leroy	507-324-9515
	Lyle/ Rose Creek/rural	507-325-2313
Medicare	www.medicare.gov	800-633-4227
Mental Health Counseling	Mayo Austin Behavioral Health	507-433-7351
	Zumbro Valley	507-289-2089
Senior Center (staffed)	Austin	507-433-2370
Senior Dining	Austin: Legion, Twin Towers, Pickett	507-459-9270
	Grand Meadow	507-754-5744
	Lyle	507-325-9966
Senior Housing, Long term Care Options, Verification Code	Senior LinkAge Line www.minnesotahelp.info	800-333-2433
Social Security www.ssa.gov	www.ssa.gov	800-772-1213
	Austin Office	866-504-5010
Telephone Reassurance/ Personal Emergency Response System	Mower Co. Seniors	507-433-3462
	Heartland Security	888-264-6380
Transportation	SMART	855-762-7821
	Handivan	507-281-3600
	Redi Ride	507-282-5353
	Mower County Seniors Assisted Transp.	507-434-2188
	R & S Transport	507-289-5080
Volunteer Based Programs	Catholic Charities	507-454-2270
	Common Good RSVP	507-450-1518
	Senior Companion (LSS)	507-356-2107
	United Way of Mower County	507-437-2313
Veterans Service Office	Mower County	507-434-2712