

## Goodhue County Senior Services

<b>Adult Day Services</b>	Proact	612-388-7008
<b>Adult Foster Care (AFC)</b>	County (AFC)	651-385-3200
<b>Advocacy, Information &amp; Assistance</b>	Prairie Island Indian Comm Three Rivers	800-554-5473 800-277-8418
<b>Caregiver Support</b>	Alz. Assn. Natl Alz. Assn. Regl Faith in Actlon(RW) Pine Island Area Home Services Three Rivers	800-272-3900 507-289-3950 651-327-2400 507-356-2999 800-277-8418
<b>County Social Services</b>	Red Wing	651-385-3200
<b>Hospice</b>	Heartland Intrepid Mayo Red Wing St. Croix Seasons Faribault Mayo Northfield Owatonna HC & Hospice	507-292-1170 855-219-2691 651-385-3410 507-281-5700 507-285-1930 507-334-6451 507-284-4002 507-646-1314 507-446-0936
<b>Information, Referral &amp; Assistance and Health Insurance Counseling</b>	Senior LinkAae Line®	800-333-2433
<b>Legal Assistance</b>	SMRLS Hotline	888-575-2954 507-377-2831
<b>Licensed Professional Home Health Care Agencies</b> *Medicare certified	ACCRA* Alliance*  Always Caring & Home Care Resource Comfort Home Health Care*  Excellent Care Services Global Helping Hands Hiawatha Home Care* Home CareLink Home Instead  International* Intrepid* Mayo Lake City & Red Wing* Northfield Home Care* Possabilities Prairie River*  Recover Health* Robland*	651-388-1010 507-252-9737 877-386-7515 507-272-4059 507-634-7534 800-204-2332 507-289-0338 507-282-6466 800-246-9212 800-837-8898 507-664-8863 507-285-1700 888-285-1733 507-252-8117 507-645-1089 651-385-3410 507-646-1457 507-281-6116 800-711-0509 507-252-9844 507-282-2246 507-252-4619
<b>NOTE:</b> Some agencies may not cover the entire county		

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	Ruth Fredrickson Cares	507-789-6521
	Spectrum*	507-282-8052
	Visiting Angels	800-365-4189
<b>Licensed Non-Medical Home Care</b>	Always Caring	507-272-4059
<b>Long-Term Care Consultation (MNChoices)</b>	Public Health	651-385-3200
<b>Long-Term Care Ombudsman</b>	Statewide System	800-950-2142 800-657-3591
<b>Meals on Wheels</b>	Three Rivers - Cannon Falls, Goodhue, Pine Island Kenyon Lake City Red Wing, St. Crispin	800-277-8418  507-789-4663 651-345-1186 651-385-5436
<b>Medicare</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>	800-633-4227
<b>Mental Health</b>	Zumbro Valley	507-289-2089
<b>Senior Center (staffed)</b>	Red Wing (Pier 55) Shepherd Center CF	651-327-2255 507-263-2136
<b>Senior Dining</b>	Cannon Falls Kenyon  Lake City Pine Island Red Wing Zumbrota	507-263-3956 507-864-8231 507-789-5315 651-345-5977 507-356-2228 651-388-9875 507-732-5086
<b>Senior Housing</b>	Senior LinkAae Line®	800-333-2433
<b>Long-Term Care Options, Verification Code</b>	<a href="http://www.minnesotahelp.info">www.minnesotahelp.info</a>	
<b>Social Security</b>	<a href="http://www.ssa.gov">www.ssa.gov</a> Rochester Office	800-772-1213 877-405-3631
<b>Telephone Reassurance/ Personal Emergency Response</b>	Cannon Falls Faribault Heartland Security Lake City Northfield Red Wing Rochester	507-263-4221 507-334-6451 888-264-6380 651-345-1121 507-646-1463 866-827-5039 507-255-6908
<b>Transportation</b>	Ace Cab (Cannon Falls) Faith in Action Red Wing Handivan Hiawathaland Transit Pine Island Area Home Services	507-533-5678 651-327-2400 507-281-3600 866-623-7505 507-356-2999
<b>Transportation</b>	R & S Transport Red Wing Mobility	800-656-5080 651-388-9215
<b>Volunteer or Faith in Action Programs</b>	Catholic Charities	507-454-2270

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Faith in Action Red Wing	651-385-3290
Pine Island Area Home Services	507-356-2999
Common Good RSVP	507-287-2047
Shepherd Center	507-263-2136

### **Veterans Service Office**

Goodhue County	651-385-3256
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